

# NADIA NUTRITION

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## EDUCATION

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**The University of Texas at Austin**, Austin, TX

May 2021

*Bachelor of Science in Nutritional Sciences, GPA 3.5*

- Pre-Health Professions Certificate, Science Track

## NUTRITION EXPERIENCE

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**Texas Sprouts**, Austin, TX

December 2019 – Present

*Undergraduate Research Assistant*

- Collaborated with research team to educate local elementary school kids about healthy eating habits in Spanish and English
- Collected samples, processed blood, and managed database of results to assess health condition and nutritional status of children

**Mother's Milk Bank**, Austin, TX

October 2018 – December 2019

*Volunteer*

- Performed daily duties in the milk processing lab of Mother's Milk Bank
- Mixed and poured the donated milk for pasteurization for portioning and distribution, to help improve the health and lives of pre-term and sick infants

**Aramark**, Austin, TX

February 2017 – May 2019

*Food Server*

- Served customers directly from the line, catering to ad hoc customer order specifications, and answered queries regarding the menu. Took temperatures of food every hour to ensure industry health standards, and maintained the upkeep, cleanliness, and aesthetics of the display area
- Assisted in routine cleaning to ensure the working area is cleaned and sanitized
- Completed temperature sheet, waste log, and production paperwork to ensure administrative and operations standards were met

## COMMUNITY INVOLVEMENT

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**Seva Charities**, Austin, TX

August 2017 – Present

*Philanthropy Officer, Member*

- Raised over \$10,000 for an NGO in India that provides midday meals to school children
- Organized and coordinated hundreds of hours of volunteering at local Austin nonprofits for members
- Collaborated with the nonprofits Backpack Friends and Hope Austin to provide free meals to children in Austin by uniting students from across the UT campus to assemble 1000 food-filled backpacks in a single afternoon
- Led biweekly general meetings for around 200 paid members to expand the organization's pillars of global and local philanthropy and charity
- Organized large-scale social events for members including cultural banquets and a boat formal

**UTeach Outreach, The University of Texas at Austin**, Austin, TX

January 2018 – May 2018

*Volunteer Teacher*

- Thought basic science lessons and performed experiments and activities with 5<sup>th</sup> grade students of low-income area elementary schools
- Learned and planned weekly basic science lessons and learning objectives, designed experiments and activities that we then thought to the elementary students.

## SKILLS

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- **Skills:** Microsoft Word, Powerpoint, and Excel
- **Languages:** Advanced Spanish
- **Certifications:** HIPAA Compliance Training