



## Nutrition

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Nutritional Science is an integrative science with the overall objective of improving the health and wellbeing of individuals and groups. Nutritional inquiry encompasses not only the role of biological and chemical life processes but also the links between life science and health, behavior, education, population, culture, and economics. The Bachelor of Science in Nutrition degree program includes five options: dietetics, nutritional sciences, nutrition and business, nutrition honors and international nutrition. All options combine a prescribed common core of science and nutrition courses with additional coursework in the area of specialization.

### Possible Immediate Job Titles with a Bachelor's Degree

#### [Dietetic Technician](#)

Dietetic Technicians assist dietitians in advising clients on what and what not to eat. To become a Dietetic Technician, one must complete coursework in biology and nutrition with a focus on dietetics. Dietetic Technicians are involved in the same industries as Dietitians, such as food management, research, and counseling. However, as they are not licensed, they generally work under the supervision of a Registered Dietitian.

#### [Pharmaceutical Sales Rep](#)

Pharmaceutical sales reps are salespeople responsible for teaching physicians about new and upcoming drugs and treatments that they can prescribe to their patients. To become a Pharmaceutical Sales Rep, one must complete coursework in biology, chemistry, and statistics, as well as have excellent communication skills. While it is not required, voluntary certification as CNPR, or [Certified National Pharmaceutical Representative](#), is recommended to secure a job.

### Possible Job Titles with an Advanced Degree

#### [Dietician](#) – License (Required) and Master's (Recommended)

Dietitians advise clients on what to eat in order for them to lead a healthier lifestyle. To become a dietitian, one must complete coursework with a focus on dietetics, as well as the completion of an internship after graduation, and in most states, must be licensed as a [Registered Dietician](#) (RD) in order to practice independently in a broad spectrum of careers involving food management, research, and consulting.

*This is not an exhaustive list of occupations and it is highly recommended you conduct informational interviews and engage in experiential learning activities to help you broaden your interest areas within your major. Please contact the Career Design Center and speak to a Career Coach for further discussion; 512-471-6700 Painter Hall (PAI) 5.03.*



## Online Resources

[What can I do with this major?](#)

[What can you do with a degree in Nutrition?](#)

[Is a career in the nutritional sciences best for you? Explore Focus2.](#)

## Job Posting Websites

### [Handshake](#)

*Handshake is Career Services' primary job posting site, and all students should have an account to not only apply for jobs and internships, but also to stay current on upcoming events, employer information sessions and other opportunities. Create an account!*

[Vault](#)

[Health e-Careers](#)

[Dietician Central](#)

[Going Global](#)

[School Nutrition Association](#)

[Dice](#)

[American Society for Nutrition](#)

[Nutrition Jobs](#)

## Professional Associations

[American Dietetic Association](#)

[American Society for Nutrition\\*](#)

[Texas Academy of Nutrition and Dietetics\\*](#)

[National Association of Sports Nutrition](#)

\*Association Includes a Job Database

## Additional Resources

[USDA Food and Nutrition Service](#)

[Harvard SPH – The Nutrition Source](#)

[The Journal of Child Nutrition and Management](#)

[The Obesity Society](#)