Dear Ms. Health,

I learned of the undergraduate Sports Nutrition internship through the HireUTexas portal for students and through my nutrition advisor, Mr. Fitness. I am also consistently communicating with one of the current interns, Peter Johnson, about the program. Currently, I am a second year student in the Coordinated Program for Dietetics at UT. I have taken business, computer science, and nutrition courses to expand my skillset for my future career as a Sports Dietitian. The athletic department at UT is one of the most prestigious in the nation. Its clean record and high expectations for the student athletes and employees are what drew me into applying for this program.

Since the start of college, I have conducted research in Dr. Calorie’s lab, which focuses on the differences between diets of children who excel athletically versus those who do not fare as well. Being an undergraduate researcher has helped me to use the knowledge and skills acquired from the classroom in a hands-on experience. Through this experience, I have learned how to keep accurate and detailed daily food and activity logs, both electronically on Excel and manually. Dr. Calorie has taught me how to create diet plans based off of each individual’s situation. Due to the far reaching boundaries of the research, I have also honed my ability to communicate in Spanish. The lab has recognized me for my hard work by placing me in the position of undergraduate research mentor, which has challenged me to take charge and lead the other undergraduate researchers.

Attached you will find my resume so that you can further review my skills and qualifications. I sincerely appreciate your time in reading my resume and cover letter. I would welcome the opportunity to meet in person for an interview if there are any questions in regards to my qualifications. I will follow up via e-mail in the coming weeks about the status of the position.

Sincerely,

Bevo Longhorn