JOB DESCRIPTION – INTERNSHIP

JOB TITLE:
Undergraduate Sports Nutrition Intern

CONTACT:
Hannah Health
The Athletic Department
The University of Texas at Austin
103 West 24th Street
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LOCATION:
This position is located at the University of Texas at Austin in the Athletic Department at 123 Speedway Street, Austin, TX 78705.

SUMMARY:
The student will assist the staff in tracking athletes’ diets and their daily physical activity regimen.

TASKS:
• Arrive at the training complex daily at 6:30 a.m.
• Record and evaluate diets and physical activity logs
• Create protein shakes and snacks post-workout
• Interact with athletes to offer them advice
• Attend weekly meetings with the training staff
• Look at case studies with the training staff to analyze short-term and long-term goals
• Take inventory of food and ingredients

REQUIRED QUALIFICATIONS:
• Current UT student
• Interest in Nutrition
• Minimum GPA of 3.0
• Has taken or is currently enrolled in an upper-division nutrition course

PREFERRED QUALIFICATIONS:
• Majoring in Nutrition Sciences
• Second or third year student
• Basic knowledge of Excel and experience with data input
• Has taken at least one nutrition lab course
• Has interest in becoming a sports dietitian
• Has interest in UT athletics